Preparing for Your Ectropion/Entropion Surgery

Your surgery is schedule for _____ at _____.
_ Our office will call you with the arrival time 2 days prior to surgery**_**

If you are unable to keep your surgery, please inform the office **_3 weeks_** in advance to avoid a $200 cancellation fee.

Before your surgery:

☐ Please arrange for an adult to accompany you home

☐ Tell your doctor if you have any cold sores or infection.

☐ Do not take any blood thinners for 2 weeks prior to surgery, including aspirin, ibuprofen (Advil), naproxen, fish oil and vitamin E (see complete list attached), OR as instructed by your doctor

☐ Majority of people have 2 weeks of swelling and bruising, however, some people may require longer for the swelling and bruising to subside.

☐ Take your regular medication (except blood thinners) the day of surgery.

☐ Pick up your medication from your local pharmacy and bring them with you on the day of surgery.

On the day of surgery:

☐ Remove all make-up, false eye lashes, and jewelry

☐ Do not wear contact lenses. Bring glasses with you.

☐ Please bring someone to help you translate if you don't speak English.

Care After Your Ectropion/Entropion Surgery

Follow-up with Dr. Yin on _____.

Restart blood thinners (plavix, coumadin, aspirin) on _____.

☐ Apply Tobradex eye ointment to stitches at the outside corner of the eye 2x a day for 2 weeks

☐ <u>Please call the office immediately if you have</u>:

- Temperature of 38◦C or greater
- Any unusually painful swelling
- Any bleeding soaking more than a 4x4 gauze
- Any pus draining from incision site
- Pain that is not relieve by medication
- Any bulging of your eyeball
- Any sudden drop in vision

☐ Apply cold compress (4x4 gauze in bowl of ice and water and wring out) to both eyes for 20min every hour for the first 2 days when awake.

☐ You can wash your face lightly with gentle cleanser and water, avoiding the area of the sutures. Pat dry.

☐ Do not wear contact lens or eye makeup for 1 week after surgery.

☐ No bending below the waist or lifting anything >20lbs for the first week.

☐ Take extra strength Tylenol for pain. Do NOT take aspirin, ibuprofen or vitamin E products for 5 days after surgery.